



## MEDIA RELEASE AND PUBLIC SERVICE ANNOUNCEMENT

For immediate release  
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### **Building a Resilient Region - One Neighbourhood at a Time**

**Victoria** - Over the past five months, the [Building Resilient Neighbourhoods](#) project has supported community members and organizations throughout the Capital Region to explore ways to meet basic needs closer to home through expanding local, co-operative, and self-reliant community networks, strengthening social ties and community cohesion, and operating in greater harmony with ecological limits. Now it's time to take the next step! In our next phase, we are inviting individuals, neighbourhood groups and organizations to apply to participate in one or more activities.

**Host a Resilience Workshop in your Neighbourhood:** We'll be giving presentations about resilience, along with specific workshops focusing on practical ways to increase resilience in areas such as food security, economic development, energy use, social cohesion and more.

**Participate in the Resilience Learning and Action Table:** This discussion & learning group will be focusing on sharing, problem-solving, and learning about what's working to mobilize citizens towards personal and community resilience at the street-level and throughout neighbourhoods.

**Apply to become a Resilient Neighbourhood Demonstration Site:** We'll be choosing one enthusiastic neighbourhood to become a Resilient Neighbourhood demonstration site. We'll provide the part-time support of two Resilient Neighbourhood Facilitators and assistant volunteer-expertise to work with you to help engage your community in assessing and strengthening your neighbourhood's resilience. The deadline to nominate your neighbourhood is March 7, 2013.

**For more information and how to apply:** <http://www.communitycouncil.ca/initiatives/RN2013.html>.

*For spoken PSA's, "Go to CommunityCouncil.ca and click the Building Resilient Neighbourhood banner for more information."*

The Building Resilient Neighbourhoods Project is collaboratively delivered in partnership between the Community Social Planning Council of Greater Victoria, Transition Victoria, the Fraser Basin Council's Smart Planning for Communities program, and the Canadian Centre for Community Renewal. It is generously supported with funding from the Vancouver Foundation and the Victoria Foundation.

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Community Social Planning Council leads social, economic and environmental planning in BC's Capital Region. We engage community members and organizations, businesses and government to research and evaluate social issues and create sustainable solutions.